

Haggen®
 — KIDS —
 Cooking
 CLUB



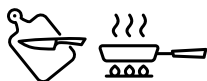
SERVES: 4-6

PREP TIME: 5-10 MIN

COOK TIME: 30 MIN

SKILL LEVEL: 

REQUIRES USE OF:



LASAGNA SOUP

INGREDIENTS:

- 1 tablespoon olive oil
- 1 medium onion, diced
- 1/2 pound Italian sausage, ground
- 1/2 pound ground beef, 93/7
- 5 cloves garlic, minced
- 2 tablespoons tomato paste
- 2 tablespoons Italian seasoning
- 1 bay leaf
- 1 (28 ounce) can crushed tomatoes
- 4 cups beef broth, low sodium
- 1/2 pound pasta, mini farfalle
- 8 ounces 4% cottage cheese, whipped
- 2 ounces mozzarella cheese, shredded

- 1 ounce Parmesan cheese, shredded
- salt and pepper, to taste

Optional:

- fresh basil, torn

ITEMS TO GATHER:

- apron
- measuring cups
- measuring spoons
- cutting board
- meat masher
- soup ladle
- tongs
- wooden spoon
- large pot



